

The eggentials for an enjoyable stay





ocated in the Vienne department in the Nouvelle-Aquitaine region, Grand Poitiers is a metropolitan area that includes 40 municipalities and a population of around 200,000. Reachable within an hour and 20 minutes from Paris and in under an hour from Bordeaux, the area, while best known for the Futuroscope theme park, has many other gems: the city of Poitiers of course, but also the medieval cities of Lusignan and Chauvigny, various historical sites such as the abbeys of Saint-Benoît and Ligugé, the castles of Dissay and Touffou, and the bishop's castle of Chauvigny, all near peaceful, pristine natural spaces like the Blossac and Saint-Cyr parks, the TisonISLETon the Clain river, and the Moulière and Saint-Sauvant forests.

SANXAY

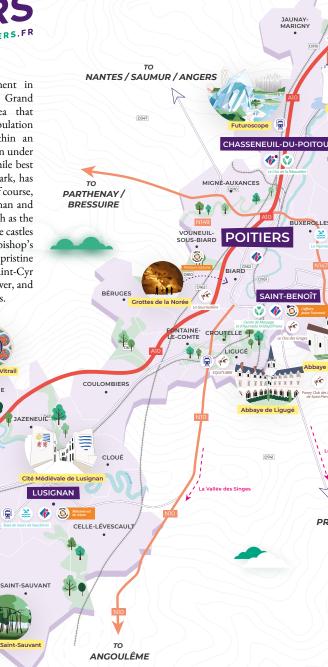
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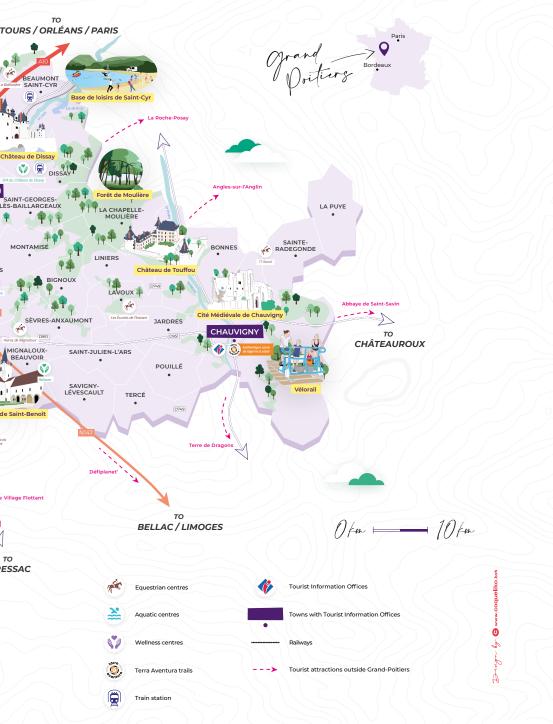
Site gallo-romain de Sanxay

NIORT /
LA ROCHELLE /
BORDEAUX

Musée du Vitrail

CURZAY-SUR-VONNE





GUIDED TOUR APP

VISIT POITIERS AS YOU PLEASE!





Choose your tour (time, difficulty and theme), activate the GPS and follow the guide!

+ INFOS ON
VISITPOITIERS.FR



ollow our guide and be surprised by Poitiers, a city-acropolis surrounded by two rivers and as many green valleys, steeped in centuries of history. Venture away from the plateau - the city centre of Poitiers and the Futuroscope, to the farthest reaches of the area to discover the treasures of Grand Poitiers. Taste local dishes such as farci poitevin, tourteau fromager, goat cheeses, young goat with green garlic and macaroons. Peer through a window or around a gate or statue and meet Clovis, Charles Martel, the Duke of Berry, Eleanor of Aquitaine, Bertrand du Guesclin and Joan of Arc, the leading protagonists of a history that is above all medieval. You can also catch a glimpse of key figures such as Rabelais, Descartes, Michel Foucault, Joël Robuchon, and other local luminaries. Discover a lush territory that is committed to supporting the ecological transition by taking action against climate change and air pollution. Packed with suggestions and information, this minimagazine was designed to be thrown in your travel bag to guide you to the region's mustsee attractions you can discover on your own or with friends or family. Read it in any order you want. Enjoy your visit!



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GETTING TO GRAND POITIERS



LEAD TO GRAND POITIERS



Regular flights connect **Poitiers–Biard airport** to many national and European destinations, including Lyon and London. From the terminal lobby, a car rental and taxi service (by reservation) can take you wherever you want to go.

poitiers.aeroport.fr



By the **A10 motorway**, Paris is 330 km from Poitiers, Bordeaux 220 km, La Rochelle 130 km, Tours 100 km. The **N10 road** also provides a link to the major national cities. You enter the city through one of **four 'gates'**, each served by a secure municipal car park: the Blosson-Tison, Hôtel de Ville, Notre-Dame and Théâtre Auditorium car parks.

€ Flat rate of €1: every evening from 7 pm to 8 am, Saturdays from 8 am to 1 pm, Sundays and public holidays from 8 am to 2 pm and from 2 pm to 7 pm.



Poitiers can be reached by the **TGV Atlantique** and **LGV** high-speed train lines and the **TER** local trains. The city is 1h15 from Paris, 55 minutes from Bordeaux, 3h50



from Lyon and 3h15 from Lille. The Poitiers city centre station is linked by **TER** to all the cities in the Nouvelle-Aquitaine region.



For cycling enthusiasts, the **Scandibérique**, the French section of the European cycling route linking Trondheim (Norway) to Santiago de Compostela (Spain), crosses France with more than 1,900 km of trails. In the Vienne department, the route follows the eponymous river for 116 km through 23 towns from Dangé-Saint-Romain to Availles-Limouzine.



From Paris, the Way of Tours (Via Turonensis), one of the **walking routes** to Santiago de Compostela, goes through Poitiers, Saint-Cyr and Lusignan to Ostabat in the Pyrénées-Atlantiques department.

THE TOURISM OFFICE AT YOUR SERVICE

- → The Grand Poitiers Tourism Office (Visit Poitiers) is located at 45 place Charles de Gaulle in Poitiers. Stop in so we can tell you all about the things we couldn't fit in this guide. Although we've done our best to include the highlights in the region, it wasn't possible to be exhaustive. The tourism office also offers phone recharging, luggage storage and many other services.
- → It has been recognised by QUALITY TOURISME™, Tourisme et Handicap and the Office de Tourisme de France.
- → For souvenirs, the tourism office shop has an affordable selection of mugs, magnets, postcards, bags, cuddly toys and stylised maps of the city of Poitiers!

Once you arrive

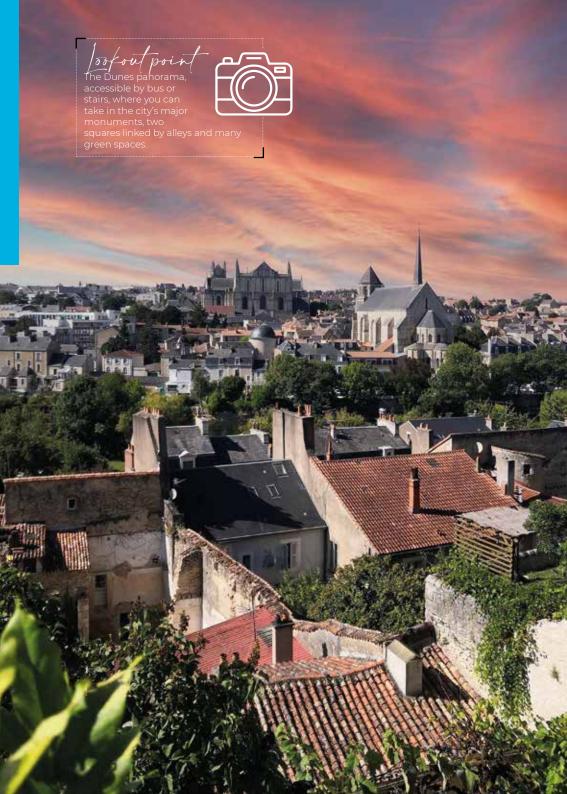


There are several ways to visit the area:

- between Place Charles-de-Gaulle (also called Place Notre-Dame) and Place Leclerc (locally known as Place d'Armes), the streets are **entirely pedestrianised**, allowing you to enjoy the bustle of Poitiers at your own pace! the **Vitalis bus**, the local public transport network, which also links Poitiers to the main tourist sites of Grand Poitiers, Futuroscope, the medieval town of Chauvigny, and more; the **TER Nouvelle-Aquitaine** trains will
- the TER Nouvelle-Aquitaine trains will take you from Poitiers to the Futuroscope theme park under 10 minutes and to the other main points of interest of Grand Poitiers;
- standard or electric-assist **bikes**, thanks to daily, weekly or monthly rental options (see the tourism office for more information).



WELCOME TO GRAND POITIERS





POITIERS Pomanesque art and the good life

Today the capital of the Vienne department,
Poitiers is prized for its immensely rich past. At the dawn
of the 12th century, it ranked among the most brilliant cities
in the West and was once the home of the Counts of PoitouDukes of Aquitaine. Nicknamed the 'City of a hundred steeples',
Poitiers has become a young and dynamic metropolis, where
one in two residents is under 30.

Grand Poitiers Tourism Office 245 place Charles de Gaulle 86000 POITIERS 455 43 (0)5 49 41 21 24

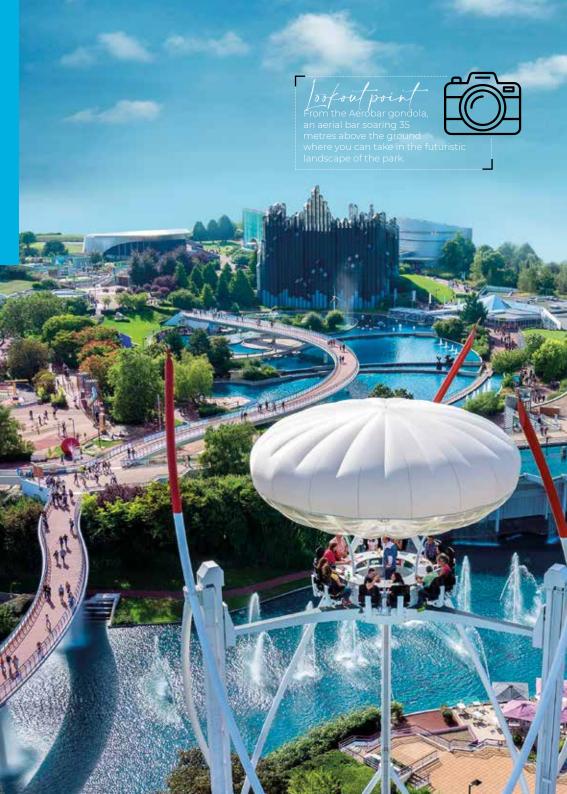




CHAUYIGNY Live deep into the Middle Figes

With its maze of winding cobbled streets that are just begging to be explored, five castles clinging to the same rocky spur, a 12th century collegiate church, local craftsmen and tradesmen, a falconry show and rail bike, this remarkable medieval town is recognised as one of the "Most Beautiful Detours in France".





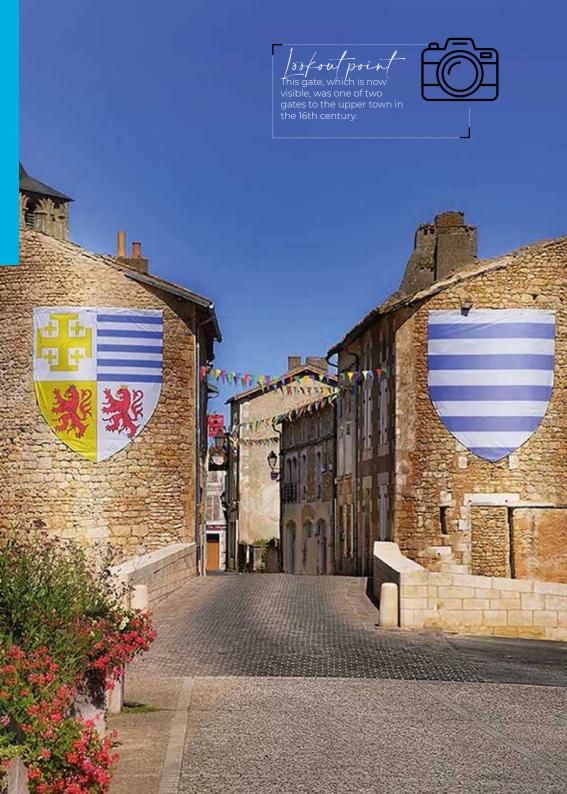


CHASSENEUL-DU-POITOU Fataroscope

This restored and peaceful village, resolutely turned towards the future and home to Futuroscope, a futuristic and fantastical amusement park, has not forgotten its past. Here, visitors can explore a 15th-century seigniorial chapel, the Museum of Popular Arts and Traditions, and natural relaxation areas.

Tourist Information Office of Chasseneuil-du-Poitou B Place du Centre - 86360 Chasseneuil-du-Poitou +33 (0)5 49 52 83 64





Located in a rugged landscape
25 km south-west of Poitiers, towards
Niort and La Rochelle.

Margh.

Ma

LUSIGNAN Picturesque and magical

Lusignan, the birthplace of the legend of the fairy Melusine, is explored along the medieval streets leading to the Romanesque church, the covered market (officially listed as a historical monument), the magnificent façade of the governor's house and the 15th-century Maison de Bois (wooden house). And don't forget to stop for a sweet treat during your escapade to try some Raymondins, named after Melusine's husband.

Lusignan Tourist Information Office Place du Bail - 86600 Lusignan \$\mathbb{0}\$ +33 (0)5 49 41 33 93







SAINT-BENOÎT Garden city

Water is omnipresent in this charming little town next to Poitiers, which is criss-crossed by two rivers with inviting paths along their banks. Green spaces abound while the rich architectural heritage, including a remarkable Romanesque abbey and viaduct, will not disappoint. A visit to the *jardin d'images* outdoor exhibition space next to the cloister is not to be missed.







RELIGIOUS heritage



POITIERS: THE 'CITY OF A HUNDRED STEEPLES'

Known as the capital of Romanesque art, Poitiers boasts exceptional religious heritage. It has been the seat of a bishopric since the 4th century and developed around the Sainte-Croix (holy cross) monastery founded by Radegund, queen of the Franks. From one end of the city to the other, as well as in the surrounding towns and villages, collegiate churches, abbeys, a baptistery and other monuments bear witness to the role of the church through the ages. Follow the guide!

Notre-Dame-la-Grande Church

Don't miss this masterpiece of Romanesque art!

The white façade, finely sculpted in the 12th century, shows hints of colour while a frieze at doorway height depicts passages from the Bible. Inside, a single-storey nave supported by colourful columns gives the building the appearance of a hall church. On the north side, chapels built in the 15th and 16th centuries are reminders of the wealth of some merchant families.

Notre-Dame-la-Grande Church
Place Charles-de-Gaulle, Poitiers

Daily from 9 am to 7 pm

Free admission



Did you know?

According to the legend of the Miracle of the Keys, in 1202, when the English were besieging Poitiers, a traitor promised to deliver the keys of the city on Easter Day. But they disappeared. They were found the next day at Notre-Dame-la-Grande in the hands of the statue of the Virgin. When visiting the church, look for the stained glass window that recounts this story and the keys, still in the statue's possession...





Saint Peter's Cathedral

Not only does the cathedral boast an exceptional size, hall-church design and

flat chevet, but it was also here that Eleanor of Aquitaine and Henry II of England were

married in 1152, tipping the immense province of Aquitaine into English hands for 300 years. The cathedral was built in the Plantagenet (Angevine Gothic) style and has conserved a fine collection of 12th-and 13th-century stained glass windows, including crucifixion, considered a

masterpiece of French medieval art, and flamboyant 13th-century murals recently uncovered on the south transept.

- Saint Peter's Cathedral Place de la Cathédrale, Poitiers
- O Daily from 9 am to 5 pm in winter and from 9 am to 7.30 pm in summer
- € Free admission



Saint John's Baptistery

The baptistery is one of the oldest Christian monuments in the West. Built in the 5th century, reworked through the end of the 11th century, saved from demolition in 1834 and now officially classified as a historic monument, it was part of an episcopal complex during the High Middle Ages that included the cathedral and the bishop's residence. Particularly noteworthy are the Romanesque paintings on the walls of the baptismal room and the old octagonal pool used for baptisms by immersion.

Saint John's BaptisteryRue Jean-Jaurès, Poitiers



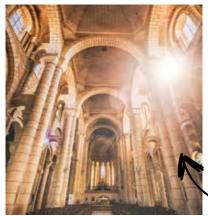
Saint Radegund Church

In this church lies the tomb of Radegund, the patron saint of Poitiers and wife of Clotaire I, king of the Franks. A harmonious blend of Romanesque and Gothic styles, the church houses three thousand ex-votos testifying to the devotion of the Poitevins to their saint.

Saint Radegund Church17 rue du Pigeon-Blanc, Poitiers

○ Daily from 9 am to 6 pm€ Free admission

Did you fnow?
The educated and independent Radegund founded the first female monastery in France.







AND ALSO...

- → Saint Porchaire Church is one of the few churches to have a double Gothic nave, with one built for the parishioners and the other for the monks serving the church (47, rue Gambetta).
- → The Saint-Hilaire-le-Grand Church, well known to pilgrims, is listed as a UNESCO World Heritage Site along the Way of Saint James (26 rue Saint-Hilaire).
- → Remarkable for its size and proportions, the Saint-Jean-de-Montierneuf abbey church was built by William VIII, Duke of Aquitaine and Count of Poitiers, in exchange for permission from the pope to marry his cousin (27 bis place de Montierneuf).



Abbey of Saint-Benoît

Saint-Benoît became important in the Middle AGES when this abbey was founded in the 7th century. Today, only the cloister and the eastern part of the monastery buildings remain, including the chapter house and the monks' dormitory with its overturned ship's hull structure.

Abbey of Saint-Benoît rue Paul-Gauvin, Saint-Benoît

Saint Peter's Collegiate Church

A gem of Romanesque art, this light and airy church has a choir of world-renowned beauty. Visitors come to admire the scenes painted on the capitals of the chevet, which show the life of the Virgin and Jesus as well as the Triumph, the fall of Babylon and the weighing of souls.

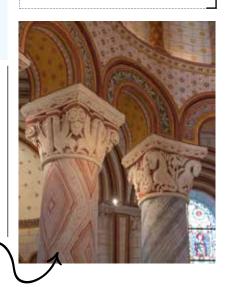
Saint Peter's Collegiate Church rue Saint-Pierre, Chauvigny

O Daily from 9 am to 6 pm

Free admission



The frescoes in the church of Saint-Pierre-les-Églises in Chauvigny are among the oldest preserved medieval frescoes in Western Europe.







From the first people who raised stones, some of which still retain their mystery, to those of today who give Grand Poitiers all its modernity, this territory has always been a welcoming land. This is evidenced by the unmissable sites where histories small and large come together.

PREHISTORY

The Gallo-Roman site of Sanxay bears witness to a time when people came to bathe in the waters in a city that extended over 25 hectares. Sanxay is home to the ruins of the theatre which hosts the Soirées lyriques de Sanxay, an open-air opera festival, thermal baths and a large sanctuary.

Route de Ménigoute, Poitiers sanxay.com - operasanxay.com

Located on the Dunes plateau, the **Hypogée des Dunes** funerary chapel is unique in the western Christian world. It features Christian sculptures and inscriptions from late antiquity and the early Middle Ages.

 14 rue du Père-de-la-Croix, Poitiers
 Open in June (European Archaeology Days) and September (European Heritage Days)

The dolmen of **Pierre-Levée**, an emblematic symbol of the city, was made famous by Rabelais, who tells in his famous *Gargantua and Pantagruel* how the latter giant erected this stone supported by three pillars. According to another legend, it was Radegund who built the Pierre-Levée.

Rue du Dolmen, Poitiers



MEDIEVAL TIMES

From the residence of the lords of Chauvigny to the Gouzon keep, the castles of Les Evêques, Montléon and Harcourt, and the narrow streets lined with shops where craftsmen work, the **medieval city of Chauvigny** invites you to step back in time between the 11th and 15th centuries.

chauvigny-patrimoine.fr



Results and the saint-Pierre, Chauvigny.

Graph geantsduciel.com





Some of the most illustrious figures in French history have passed through the **palace of the Counts of Poitou and Dukes of Aquitaine**, a place of power and an emblematic building of Poitiers. They include: William the Great, Eleanor of Aquitaine, Alphonse of Poitiers, Pope Clement V, Philip IV the Fair and John, Duke of Berry.

Place Alphonse-Lepetit, Poitiers





Behind the Renaissance Revival façade of the **Hôtel de Ville**, which was built in the Second Empire style, lies a grand staircase adorned with caryatids, oil paintings and marouflaged canvases. The square where the Hôtel de Ville sits – the beating heart of Poitiers – is entirely pedestrianised, making it a playground for children and a place of relaxation for parents and students, who like to meet on the terraces that border it.



The **prefecture**, a Second Empire style building that can hold its own among the most beautiful of mansions, contains reception rooms that bear witness to the importance of the functions of the state in the provinces in the 19th century.







 ^{∅ 7} place Aristide-Briand, Poitiers

Open to the public only for the European Heritage Days



With mullioned windows and white towers, the 15th-century **Dissay Castle** is home to a 5-star hotel of extreme elegance and a spa.

2 111 place Pierre-d'Amboise, Dissay

The private castle is not open to the public.

chateaudedissay.com



MODERN TIMES

The **Auditorium Theatre of Poitiers** (TAP), a stone's throw from the station, houses a 720-seat theatre and a 1,050-seat auditorium.

2 1 bd de Verdun, Poitiers tap-poitiers.com

Built in 1996 using a combination of wood, concrete and glass, the **François-Mitterrand Media Library** stands out for its interior volumes and Le Corbusier-inspired lines.

4 rue de l'Université, Poitiersbm-poitiers.fr







HERE AND nowhere else

Dynamic, curious and creative, Grand Poitiers abounds with cinemas, theatres, exhibition halls, museums, cultural spaces and even a school of fine arts. Dip into a programme full of flavour and colour and take a deep dive into culture. There's no better way to escape the heat or wile away a rainy day.

Curzay-sur-Vonne is home to one of the three **stained glass museums in France**. It showcases stained glass windows, both religious and secular, from the 15th century to the present day, and sheds light on the history of this ancestral art through workshop visits, courses and temporary exhibitions featuring contemporary artists.

- A Musée du Vitrail
- 6 route de Sanxay, Curzay-sur-Vonne See the website for hours
- musee-du-vitrail.com
- € From €7

AND ALSO...

- In Chasseneuil-du-Poitou, La Maison d'autrefois tells the story of popular art and traditions from the late 18th century to the
- musee-chasseneuildupoitoulamaisondrefois.com
- In Chauvigny, the Museum of Popular Traditions and Archaeology and the Industrial Archaeology space
- chauvigny-patrimoine.fr
- → In Tercé, the Museum of the Vienne in the Second World Wa
- vrid-memorial.com



In Poitiers, the **Sainte-Croix** museum, which received '20th Century Heritage' certification for its astounding Brutalist architecture, houses collections that highlight regional archaeology dating from prehistory to the Middle Ages. Don't skip the fine arts section, which has the third largest public collection of works by Camille Claudel in France.

- Sainte-Coix museum61 rue Saint-Simplicien, Poitiers
- See the website for hours
- visitpoitiers.fr

€5



Croa'musée for 4- to 11-vear-olds.



AND ABOUT

In Poitiers, the national **Auditorium Theatre of Poitiers** puts on dance, theatre, music and circus performances for all audiences. The theatures, with a 720-seat hall and 1,050-seat auditorium, offers a rich and varied programme.

2 1 boulevard de Verdun, Poitiers tap-poitiers.com

If you're looking for live shows, the new **Les Planches Theatre-Café** focuses on humour, magic and music.

24 rue du Bois-d'Amour, Poitiers lesplanchespoitiers.fr

In Chauvigny, the **Wolf Barn** (*Grange aux loups*) – an old barn converted into a cosy performance hall (50 seats) – has a multidisciplinary programme of concerts, plays, puppet shows, stories, dance performances and more.

13 plan Saint-Pierre, Chauvignyleloupquizozote.org

As a student city, Poitiers has an excellent range of **nightlife** options, with many bars and clubs to party into the wee hours.

More classical but just as enjoyable, the **Charles Trenet Theatre** offers an eclectic programme that is sure to please both young and old alike.

theatre-charles-trenet.fr

For those who prefer the big screen, take your pick of several cinemas:

- the **TAP Castille**, which shows mostly arthouse films, and the **CGR Castille**, both at Place Leclerc in Poitiers;

- the **Rex** in Chauvigny has two arthouse auditoriums and 12 sessions managed by volunteers;
- the Méga CGR in Buxerolles and the CGR in Fontaine-le-Comte for blockbuster fans;
 - the **Dietrich**, an arthouse film cinema.



Pont-Neuf, Poitiers.

comfort-modern.com





WELLS OF KNOWLEDGE

Designed by researchers at the University of Poitiers, the Espace Mendès-France makes science accessible to as many people as possible. From sustainable development to scientific techniques of criminal investigation, astronomy, health and more, the many themes and explanations are fascinating and illuminate the diversity of the world.

- Espace Mendès-France1 place de la Cathédrale, Poitiers
- Opening hours according to season: see website



GALLERY HOPPING IN

CHAUVIGNY

To see the world through the eyes of the artists of the time, there is nothing like stepping into an art gallery. Grand Poitiers boasts two major galleries, both in Chauvigny:

→ Les Bains Douches, a space for contemporary art that gives a voice to young creators. → Gallery 37 has chosen to open its two floors to artistic diversity: paintings, photographs, sculptures and lighting are staged in an original way with contrasting background colours, materials and textures.



AND ALSO...

- → Boasting exceptional acoustics the Dormitory of the Monks and the Capitular Hall of the Abbey of Saint-Benoît have been transformed into spaces devoted to culture
- ville-saint-benoit.fr
- → Le Miroir, a magnificent visual arts hall housed in the former Poitiers theatre, where visitors can admire Robert Pansart's (1909–1973) Glass Damier, a carefully restored, unique work measuring nearly 14 metres representing the arts of Shakespearean theatre, poetry and articism.
- lemiroirdepoitiers.fr

GUIDED TOUR APP

VISIT POITIERS AS YOU PLEASE!





Choose your tour (time, difficulty and theme), activate the GPS and follow the guide!

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VISITPOITIERS.FR



ENTERTAINMENT



Futuroscope: NOT TO BE MISSED

With more than 58 million visitors since it was opened in 1987, it goes without saying that Futuroscope is one of the most popular theme parks in France.

→Futuroscope was France's very

- first theme parks.

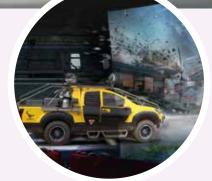
 → It creates 1,500 jobs in the Vienne
- department and 3,300 in France.
 → Futuroscope is the most visited site
- in the Nouvelle-Aquitaine region.
- → It is located in Chasseneuil-du-Poitou, 10 km to the north of Poitiers

The leitmotif of this park, which is unlike any other, is that curiosity is a beautiful flaw. The attractions here are all about science, technology and discovery, and invite visitors to enjoy extraordinary experiences and adventures. The quality of the attractions is internationally recognised, and some have become legendary, including 'Arthur, the 4D Adventure', designed in partnership with Luc Besson, 'The Extraordinary Journey', inspired by Jules Verne's Around the World in 80 Days, 'Destination Mars', the park's first roller coaster, and the Raving Rabbids 'Time Machine'. Combining sensory approaches, dynamic film techniques and image projections, Futuroscope is constantly renewing and improving its offer.



NEW

For an immersive experience, go to 'Tornado Chasers', which combines technology and physical sensations. Against the backdrop of climate change and rising sea levels, resulting in an increase in the number of tornadoes recorded on Earth, the scenario immerses visitors in the world of meteorological and scientific research. To aid understanding, the adventure is experienced alongside experts equipped with a very special vehicle that allows them to penetrate the heart of the tornado's powerful winds.



AN AWARD-WINNING

DREAM WORLD

With pyrotechnics combining water, sound and light, the **'Key to Dreams' Evening Show** was awarded the Brass Ring Award as the best creative multimedia show in the world at the IAAPA* annual expo in Orlando, Florida (USA), while the 'Destination Mars' attraction was voted best new roller coaster at the European Star Award 2020.





Designed as a galactic base, the high-end Hotel Station Cosmos immerses visitors in a high-tech world of science fiction. The rooms convey the exhilarating feeling of being on an intergalactic journey.

AN EXPERIENCE FOR YOUR EYES AND EARS

Designed as a monolithic, modular arena with an exceptional capacity of 6,137 in a standing-seat configuration, the new Futuroscope Arena is a major venue dedicated to culture, sport and entertainment. It is home to a permanent Futuroscope show during certain weekends in the high season.

arena-futuroscope.com

Good deals



Promotional offers are regularly available so you can make the most of your time at the park (free night's stay, discounts, etc.)! Be sure to check the website.



AN ASTONISHING

RESTAURANT

The Space Loop, a new generation restaurant, certainly knows how to put on a show. Diners' dishes cross the room via an astonishing system of rails suspended between floor and ceiling.

Lid friendly
Have lunch at the Raving



Rabbids, who have turned the place upside down in this quirky restaurant serving unidentified flying pancakes in a super silly atmosphere.

PRACTICAL INFORMATION

- 基 Futuroscope avenue René-Monory,
- Opening days and times depending on the period (see
- € Rates: From €38/adult 1-day ticket From €53.50/pers. 2 days/1 night breakfast included Free admission for children
- Parking: €9/day, €4/evening (from 4.30 pm)
- futuroscope.com



A flutter of the wings, talons clinging to the falconer's leather glove, flights in formation, vertiginous dives... On the grounds of the Château des Évêques, in the heart of the medieval town of Chauvigny, vultures, storks, lanner falcons, owls, eagles, marabou storks and Australian kookaburras put on a spectacular show. Behind the historic walls, which form a superb open-air amphitheatre, the birds perform high-flying ballets choreographed down to the millimetre. The aerial choreography is as playful as it is didactic, and has been a favourite with spectators for over 10 years. This is a great opportunity to marvel at their skills and to understand their importance for the health of our planet.

Jid you know?
The birds that perform here have

made it to the big screen in films and commercials. The parrots have appeared in *On the Trail of the Marsupila-mi*, the jackdaws in *A Knife + Heart* and the pelicans in *MILF*.

Lidfriendly

Before or after the show, you can visit the aviaries and meet the caretakers who will share anecdotes about their 200 or so residents: the little quirks of the birds of prey, the colourful character of the parrots or the preferences of the storks.



See the website for hours

geantsduciel

€ €13.50 for adults, €9.50 for kids aged 4-12



Journal activities FOR AN UNFORGETTABLE EXPERIENCE

By bike rail, Rosalie bicycle or in zero gravity, for a weekend or a short stay, Grand Poitiers invites you to break your routine and inject some fun into everyday life by testing new unusual and ecological experiences!

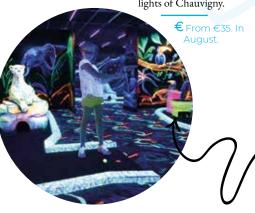
By rail

One pedal stroke and you're off on a twohour odyssey along the old railway line, once used to transport the stones extracted from the surrounding quarries from Poitiers to Le Blanc, in the Indre region. Enjoy the natural scenery on this 17.4 km round-trip route, with occasional engineering structures and exceptional views of the medieval town of Chauvigny.



TOP PICK

The magic of viaduct dinners overlooking the Vienne with table service and a view of the lights of Chauvigny.





Fanfaglic!

Heraining!

Play indoor and black

light golf at Goolfy, inside the Game Parc! To find your way around this jungle-like miniature golf course, everything is glow-in-the-dark.

- Game Parc 15 av. de Châtellerault, Migné-Auxances
- Monday to Saturday 10 am to midnight, Sundays 2 pm to 11 pm
- gameparc86.fr€8/adult. Free for children under 4



By Rosalie bicycle

Stop off at the Kiosque de Blossac and pick up your electrically-assisted Rosalie bicycle, which can carry between three and six people, for an unusual ride in the Blossac park.

Parc de Blossac, Poitiers.From €8

Zero gravity

aged 5-11

Escape the pull of Earth's gravity at zerOGravity, an indoor free-fall simulator that lets you see what it's like to jump out of a plane from an altitude of 4,200 metres. Fun guaranteed!

ZerOGravity
 2 bis av. du Futuroscope,
 Chasseneuil-du-Poitou
 Zero-gravity.fr
 From €59/adult, €45 for kids

By pedalo

In the summer, on the Tison islet, a few minutes from the town centre, Tex' gives visitors a chance to take out a pedal boat in the shape of a pink flamingo or unicorn for a fantastic odyssey on the Clain river.

Chemin de Tison, Poitiers
 canoe-poitiers.fr
 €30/hour for 4 people

By scooter

Forget having to push off: Trott'in Poitou has all-terrain electric scooters you can pick up from Vouneuil-sous-Biard and the Saint-Cyr park in Beaumont Saint-Cyr. Go solo, guided by a GPS, or accompanied by a tour guide – the only thing you have to do is choose your route!



HERITAGE

MADE FUN...

Forget about boring tours, Grand Poitiers has options that let you explore the local region like a modern-day adventurer, discovering one surprise after another. Fascinating!

Terra Aventura

In Lusignan, Saint-Benoît, Chauvigny and Vouneuil-sous-Biard, meandering are fun thanks to geocaching-based routes. Each one gives you insights on local legends, unusual anecdotes, crafts and more. Keep your eyes peeled to answer questions and find the mystery word. To play, simply download the free application! See page 55

erra-aventura.fr

AND SPORTY

The Olympic discipline of 3x3 basketball hits the streets in June for an explosive and spectacular festival.



3x3poitiers.com

In September, the Urban Trail is back: this 10 km loop in and around the streets, monuments and stairs of Poitiers. You can run or walk it!



Spend time in nature in Saint-Benoît

id friendly

explorers, the Poitiers Plant Garden, local stories and legends... Visiting while having fun is possible thanks to the various fun and educational booklets available at the

Tourism Office! Also available as a free download: poitiers.fr

> The Vallée des arbres (valley of trees), a 2.8 km long trail, allows you to discover 78 species of trees.

> The Vallée des légendes (valley of legends), between Ligugé and Saint-Benoît, opens the doors to a world populated by trolls, fairies and elves, to be explored with the app in hand.

> The Sentier mystère (mystery trail) includes 12 stages through the city and its best monuments, along which you can solve riddles and find the real 13th-century treasure.

ville-saint-benoit.fr



eurobowl.fr/buxerolles/ bowling-de-buxerolles

Or, try a game of laser tag at Laser Game Evolution: three huge labyrinths for games with up to 35 players at once.

poitiers.lasergame-evolution.fr

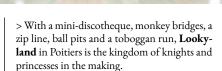
IN & OUTDOOR ACTIVITIES

> With a roller coaster and a star tower, labyrinths and giant slides, a caterpillar and a carousel from 1900, THE ISLAND OF GIANTS in Dissay can be enjoyed by the whole family.

ileauxgeants.fr

> In Fontaine-le-Comte, the Fun Forest offers seven adventure courses in the forest, plus one with headlamps.

funforest.fr



lookyland.com

> New Kart, in Migné-Auxances, invites you to take to the track from the age of seven.

newkartpoitiers.com





An axe to grind

Looking for something totally new? How about axe throwing? Yes, you read that right! Wile away an hour by working on your aim. You'll be amused and amazed with this unusual activity. And don't forget your Viking helmet!

2 62 av du Plateau des Glières, Poitiers
 ○ Every day except Mondays
 ○ lancerdehachepoitiers.fr
 € 45/target

Air Jump

A vast space of 1500 square metres where you can do all sorts of tricks, jumps



du Bois d'Amour, Poitiers Severy day except Mondays

🕯 airjump.com

From €8

Game Parc

Here, nearly anything is possible: play glowin-the-dark minigolf (see page 42), indoor football, laser tag, archery, and bubble football, or go tobogganing or trampolining.

2 15 av de Châtellerault, Migné-Auxances

Daily, hours on site.
 gameparc86.fr
 € €5 per hour of football

And also: the Karaoke League and its 30,000 songs to add some music to your days.

8 pl. Alphonse-Lepetit, Poitiers

See the website for hours karaoke-league.fr

€ €60 per 90-min session (1 to 6 people)



THE GREAT **ESCAPE**

We love these real-world enigmas to solve as a team. Grand Poitiers has developed several scenarios, each more exciting than the last.

> In Poitiers, the aptly named Escape Game has four games with different levels where your can give your brain a workout and manage your stress.

7 bis av. de Châtelleraut, Migné-Auxances

Wednesday to Sunday escapegame-poitiers.fr

From €66 for 2 players.

> For 90 minutes, **Odyssée Prod**, an urban escape game that has won several awards, takes you into the world of Agent R. through the city's narrow streets.

> Escape Yourself offers five puzzles that require you to work as a team to escape from the room you are locked in.

2 35 bd. du Grand-Ceri, Politicio Closed Monday and Tuesday 35 bd. du Grand-Cerf, Poitiers

escapeyourself.fr

From €21/adult and €18/child

> Available from the Tourism Office, Viking 2.0 and One Way to Salisbury are two real-world games that let you discover the city while having fun, following in the footsteps of the Vikings or Eleanor of Aquitaine.

45 place Charles-de-Gaulle, Poitiers See the website for hours

visitpoitiers.fr

From €5

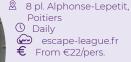
> A bandit putting together a crew for a robbery, the mystery of the Queen with two crowns, a zany investigation set against the backdrop of the world of fairy tales to be solved... You won't be bored with the

Escape League.

7 rue Sadi-Carnot, Poitiers Open Tuesday to Sunday

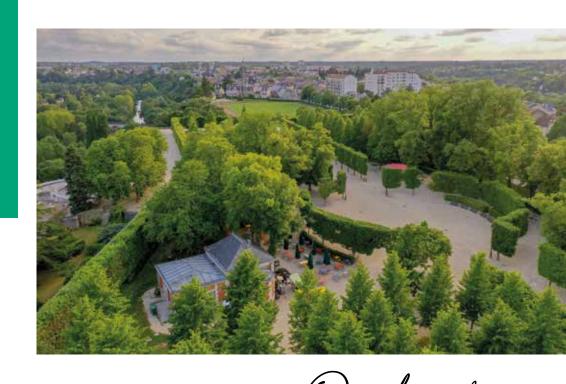
odysseeprodpoitiers.fr

€ From €23/ adult.









Top pick

Parc Floral La Roseraie

This modern rose garden, a showcase for the city's horticultural expertise, covers three and a half hectares and is planted with six hundred species. It also features ephemeral travelthemed gardens. Insider tip: around a hundred species are marked with QR codes - use them to find out more.



2 11 rue Salvador-Allende, Poitiers poitiers.fr

€ Free

IT ALL

Although Grand Poitiers is quite urban, it has managed to preserve a very natural side. From parks to gardens, forests and rivers, the region has many green spaces and is dotted with relaxing spots.

Blossac Park

With its nine hectares and airy, well-ordered French-style paths, this is one of the most beautiful public gardens in France. It is also the place where the first liberty tree was planted. Over time, a bandstand was added, followed by an English garden, a rock garden and a Mediterranean garden, as well as grottoes and fountains. And more recently, a light and shade garden was created.

Rue Léopold-Thézard, Poitiers

Open daily, see the hours on site.

poitiers.fr

Free



With a zoo housing
46 species, an orienteering
course, a pony club, a
swimming pool and minigolf
in summer, a pond and a leisure
centre, the Bois de Saint-Pierre park is
ideal for a day out.

And also

- > The **Jardin des Sens**, an educational garden about the environment.
- > The Jardin des Plantes, with a tropical greenhouse featuring 150 exotic varieties.

> The **Simone-Veil garden**, behind the town hall, for its contemporary works of art.

> The brand new **Hypogée des Dunes garden**, set in the middle of regional Merovingian sarcophagi.

Bois de Saint-Pierre

Seven kilometres from Poitiers, this 248-hectare park divides its vast territory between a developed area and another that has remained wild for all types of nature lovers.

Bois de Saint-Pierre, Smarves

○ Daily€ Free

Forest bathing

> The largest forest in the Vienne department with 6,800 hectares spread over nine towns, the **Moulière forest** is remarkable for the number of hundred-year-old oak trees it contains.

> The **state forest of Saint-Sauvant**, crossed by the GR 364, has four marked paths leading to the Fort à l'Anglais, a Gallo-Roman camp

annexed during the Hundred Years' War, or to the Chaire à Moïse, a rock in the shape of a chair which stirs the imagination. These are two marvellous sites for forest bathing, an activity offered by Passion Nature, consisting of immersing yourself in the woods to enjoy the benefits of trees.

sylvotherapie-vienne.fr € €29 for a 2.5 hour outing

ATTHE worter gedge

Whether you want to take it easy, have fun or go fishing and play sports, there are plenty of places to try out new things. Beaches, swimming pools, leisure centres... follow the guide!

A day at the lake

At the Saint-Cyr park, 30 minutes from Poitiers (10 minutes from Futuroscope), you can head to the an 85-hectare lake for paddling, sailing, canoeing, beach volleyball and inflatable games in summer. Swimming is permitted and supervised from June to August, depending on the surveillance hours, and the beach is open to all those who like to bask in the sun. Barbecues and picnic tables are also available.

O Daily from 8 am to 10.30 pm lacdesaintcyr.fr

€ €1 for kids aged 5–12, €3 for adults (free access outside the summer period). €2 reduced rate





TOP PICK

The Tison islet, located on the banks of the Clain river just a 10-minute walk from the centre of Poitiers, is a popular place to relax for many Poitevins. You can picnic in the large meadow or eat at a food truck, take a nap in the shade of the orchard, stroll along the Clain river or have a drink at the Guinguette Pictave.

S chemin de Tison, Poitiers
 Daily from 7.30 am to 10.30 pm
 laguinguettepictave.fr





Whether you're an amateur or a professional, grab your rods and tackl because Grand Poitiers is full of places to fish. The banks of the Clain, shady and silent, are dotted with spots where you can cast your line. The best places are between the Pont Saint-Cyprien and the Pont Neuf or under the Voie André-Malraux bridge. Those looking for trout should go to the Grotte à Calvin.

And also

> The Vauchiron leisure centre in Lusignan, on the banks of the Vonne river, for relaxing, swimming, fishing, canoeing and minigolf.

- Chemin de la Plage Charles-Clerc. Lusignan
- > In summer, boats can be hired from the Tourism Office in Saint-Benoît.
- 11 rue Paul-Gauvin, Saint-Benoît
- > The various pools and water slides at the swimming pool in the Bois de Saint-Pierre for a cool break outdoors, surrounded by trees.

Hot spot!

Have you always dreamed of flying over the waves? At the Saint-Cyr lake, NoWave Le Spot offers an introduction to the eFoil, a surfboard that sits 60 cm above the water.

> Prue de la Bourdillère, Beaumont Saint-Cyr O Daily in July/August 1 pm to 6 pm May/June/Sept/WE and public holidays 1 pm to 6 pm nowavelespot.com

From €70/hour



Under the stars

On warm summer nights, canoe or kayak under the moonlight. Let the sounds of the city fade away, with only a discreet splash that betrays your presence. Here in Chasseneuil, let the sweet summer air help you totally disconnect for two and a half hours.

- Parc du Clos de la Ribaudière. Chasseneuil-du-Poitou
- ckccp.org
 - €15 adults, €5 kids aged 6-12

OTHER ALTIVI in he outdoors

Rain or shine, there is something for everyone, whether alone, with family or with friends

Land of golf

The 18-hole **Haut Poitou golf course**, near the Saint-Cyr lake, has wooded areas, hillsides and water hazards. This technical and hilly course, considered one of the best in France, hosts national and international competitions. A moving walkway provides access to the clubhouse and panoramic restaurant.

S rue du Golf, Beaumont Saint-Cyr
 golfduhautpoitou.fr
 €46 for 18 holes.

The **18-hole Mignaloux golf course** is as bucolic as it gets. Refine your putting skills amidst lime trees, poplars, maples, Himalayan pines and redwoods.

In Poitiers, the friendly and affordable **Poitiers-Châlons golf course** offers a 9-hole course.



Saddle up

The Grand Poitiers equestrian centre in Mignaloux and the Écuries de l'Instant in Lavoux organise introductory courses in French TREC, show jumping and exam preparation during the holiday periods. For more solitary rides, you can rent a horse at the Clos des Groges equestrian centre in Saint-Benoît. For beginners, the Club hippique de la forêt de Moulière offers an original method of natural horsemanship.



A walk in the park

Whether you're interested in nature, architecture or history, Grand Poitiers has 400 km of

marked routes. The many routes, ranging from 4 to 24 km, run along cliffs, through valleys, beside river banks, and around abbeys. Lace up your shoes and walk the paths, discover the secrets of Croutelle, or venture along the Way of Saint James.

La Belle Ânée offers walks v

donkey or llama on the Mélusine trails, from a few hours to a few days.

Puy Godet, JazeneuilYear round

bellanee.fr

€ From €38 per half day









GRAND POITIERS

Although not widely known, the local gastronomy can be savoured in many epicurean dining spots, read on to discover a few of our favourites. For more personal recommendations, just ask the Tourism Office!

THE **REAL DEAL**

Les Bons Enfants

You know you're getting something special when the restaurant owners bake their own bread – it only follows that the cooking will be up to the same exacting standard. Les Bons Enfants in Poitiers embodies the true gastronomy of the Poitou region in a cosy space that exudes authenticity and family meals. The chef's incredible imagination will make you want to loosen your belt a notch or two.

- 2 11B, rue Cloche-Perse, Poitiers
- Tuesday to Saturday
- € Set menu from €30 (€14.50 for lunch)

La Mangeoire

Love of country brought Florent Dubois back from his New York exile. Since his return, he has been honouring simple, tasty and hearty cuisine at La Mangeoire. This unfussy, old-fashioned bistro in a vintage setting has made the *tartine* (open-faced sandwich) its speciality. From andouille sausage to salmon and brie, nothing is off the creative menu.



€ Dishes and sandwiches from €13.50





La Cuisine au Beurre

In the heart of Poitiers, this restaurant, whose name (which means 'cooking with butter') will have your taste buds watering, cultivates a love of fresh and local products. The menu lists meat and cheese boards to share as well as traditional 'good old dishes' enhanced with a few modern touches. Expect options such as foie gras and pear jelly, langoustine and coleslaw, veal and salsify, all executed by a Master Restaurateur with a Gault & Millau toque.

- Splace Charles-de-Gaulle, Poitiers Monday to Thursday, 12 pm to 2 pm and 7 pm to 10 pm. Fridays and Saturdays, 12 pm to 2 pm and 6 pm to 10.30 pm
- € Set menu from €26

Le Lion d'Or

As a favourite address for gourmets passing through the Vienne area and Chauvigny, the Lion d'Or restaurant (Logis de France) embodies good old-fashioned dining. Settle in at the foot of the medieval city on the terrace or in the dining room and prepare to navigate between land and sea, where options range



from the duo of suckling pig with honey to the sea bass fillet with oyster sauce.

An epicurean stopover with excellent value for money, Le Lion d'Or knows how to put a new spin on traditional cuisine.

8 rue du Marché, ChauvignyDaily

€ Set menu from €25

Le Bistrot des Saveurs

In the shadow of Saint-Martin Abbey in Ligugé, many people have made the Bistrot des Saveurs their daily lunch spot. This very agreeable bistro, founded by Thomas Daout, serves up dishes like veal fillet and hamburgers made with fresh ingredients, accompanied by freshly made chips. The terrace, with its casual feel, exudes a certain *joie de vivre*.

2 Grand Rue, Ligugé

Closed evenings and weekends
 Set menu from €13.90

Chez Jean-Michel

OPEN This restaurant owner, who swears by local produce, dishes

up fresh pasta made in Fontaine-le-Comte, about 10 kilometres from Poitiers. His

simple recipes are quick favourites, such as the trio of pad Thai burgers, the mini Savoyard fondue or the *préfou* (stuffed bread). The lively evening ambiance also brings people in.

2 3 rue de Magenta, Poitiers

U Daily

€ Lunch menu from

€14

THE **GOURMETS**



Château de Marconnay

Stop here for a gourmet break after a visit to the Gothic-Renaissance castle. Real, traditional French cuisine takes the spotlight, with the beef fillets and steaks sourced locally. New to this historic venue: you can order for takeaway.

Château de Marconnay, Sanxay
 Tuesday to Sunday, lunch and dinner
 Set menu from €32



La Chênaie

Just off the RN10 motorway, this old farmhouse surrounded by hundred-year-old oak trees offers an idyllic setting and carefully chosen local fare. The seven-hour leg of lamb, thin-sliced salmon or chicken parmentier with foie gras offer a glimpse of the richness of the menu. We like the large, bright glass roof and the elegant

- Rue du Lejat, lieu-dit La Berlanderie, Croutelle
- Lunch and dinner, except Sundays and Wednesdays (lunch only). Closed Mondays
- € Set menu from €33

atmosphere.

Auberge du Centre-Poitou

Five generations have lived in this former post office since 1870. In the Authé family, it is now Mathias, the owners' son, behind stove working to keep the gastronomic legacy alive.

The rustic charm of the place lends a special flavour to the seared cod on the 'Clothilde menu' or the breaded pig's feet on the 'Diane menu'.

- 39 route Nationale, Coulombiers
- Lunch and dinner, closed Sundays and Mondays
- € Set menu from €35

Le Vingélique

Chef Nicolas changes his menu every season depending on what's fresh at the market to support local producers. Get ready to savour fresh food and house specialities under a Sistine Chapel-like ceiling: veal sweetbreads with foie gras cream, lobster salad with avocado and lime and the famous hot soufflé with Grand Marnier.

- 2 37 rue Carnot, Poitiers
- Tuesday to Saturday 12 pm to 2 pm and 7.30 pm to 10 pm
- € Set menus from €34

Les Archives

The place alone is worth a visit. This former Jesuit chapel, dating back to 1852 and which

once housed the departmental archives, is now a hotel-restaurant that welcomes visitors under its vaulted ceilings. The menu features local products and temptingly creative concoctions such as sweet potato gnocchi, rack of lamb from Poitou. To top it all off, you can sign up for one of the pastry, cooking and oenology courses on offer.

- 14 rue Édouard-Grimaux, Poitiers
- € Set menu from €12.90



THE BISTROS

Le Bis

This contemporary brasserie with a constantly changing menu seduces diners with beautifully prepared dishes, a friendly atmosphere and a quiet terrace along a pedestrian street.

- 4 rue Saint-Nicolas, Poitiers
- Tuesday to Saturday 12 pm to 2 pm and 7 pm to 10 pm (11 pm Fridays and Saturdays)
- € Daily special from €10

La Cuisine de Comptoir

This restaurant is a showcase of sorts for local producers. The fare is simple, and you'd do well to come with a hearty appetite to enjoy the prime rib from the local butcher, paired with wine chosen by the sommelier. Although meat-eaters will certainly feel at home at La Cuisine de Comptoir in Poitiers, vegetarians and pescatarians will not leave hungry.

- 92 avenue du Plateau des Glières,
- Lunch and dinner, closed Sundays and Mondays
- € Set menu from €25



La Javette

La Javette, located in the Futuroscope technology park in Chass-

eneuil-du-Poitou, is a trendy brasserie where you can enjoy good food, tasty craft beers and fun all around.

Perfect for relaxing after a busy day.

- 2 10 avenue de Shenzhen, Chasseneuildu-Poitou
- Unch and dinner except Saturdays (dinner only). Closed Sundays.
- € Dishes from €15



L'Essentiel selon Pierric Casadebaig

Run by Pierric Casadebaig, formerly of Troisgros in Roanne, L'Essentiel will leave diners craving the monkfish stew or the duo of veal sweetbreads and kidney. The name of this very affordable bistro says it all.

2 188 Grand Rue, Poitiers

Monday to Friday 12 pm to 2 pm and 7 pm to 9 pm. Saturdays from 12 pm to 9 pm

€ Set menu from €20

WORLD CUISINE

Fleur de Blé

Poitiers may not be in Brittany, but Brittany has come to Poitiers in this pretty crêperie with a green shop window that smells of sea spray and salted caramel. Made from buckwheat or wheat flour, the savoury crepes are generously filled and the welcome is as sweet and sparkling as a bowl of cider.

- 28 place Charles-de-Gaulle, Poitiers
- Every day for lunch and dinner. Closed Sundays
- € Set menu from €11.30

Mama Mia Trattoria

In this Italian restaurant, the food is simple and tasty, with an emphasis on traditional recipes from the old country. Throughout the seasons, you can enjoy grilled octopus salad, bruschetta and cheese and meat boards, along with pasta, risottos, fish and meat. A favourite is the Venetian-style veal liver served with gnocchi.

38 rue Magenta, Poitiers

Monday to Saturday, lunch and dinner

€ Set menu from €20.80

A Casa

From charcuterie to cheeses, risotto, bream tartare, lemon-scented sautéed shrimp and spaghetti with wild garlic, this restaurant serves up Corsican specialities made by the chef with flair. And to really get a change in scenery, don't miss the concerts that liven up some Saturday evenings.



€ Set menu from €14.90



Le Beyrouth

When the flavours of the Middle East make a stopover in

Poitiers, the result is this spice-filled, colourful restaurant, where the décor will have you dreaming of faraway lands. Lebanon delivers its best: mezzes of course but also kaftas, méchoui, falafel, stuffed grape leaves...

- 4 rue Carnot, Poitiers
- Monday to Saturday, lunch and dinner, and Sunday evenings
- € Set menu from €22.50



OUTSIDE **THE BOX**

Le Roy des Ribauds

Hear ye, hear ye! People come here to feast at large medieval tables. The menu includes beef or mushroom pies, beef cheeks, goat and spinach croquettes and pork belly salads. Savour your meal in a period atmosphere with music and storytelling.

39 rue Cloche-Perse, Poitiers

Tuesday to Saturday

€ Set menu from €13.50



Maurice

If you're looking for surf and turf, look no further. At Maurice

- a location previously occupied by the famous Taverne de Maître Kanter - fish and seafood are popular options, but the seaside atmosphere does nothing to dampen patrons' enthusiasm for the meat and veg options.

24 rue Carnot, Poitiers.

O Daily from 10 am to 10.30 pm

Set menus from €21



Located on the esplanade of the city's theatre, this restaurant has won over Poitevins search fresh air thanks its superb terrace with a panoramic view. Enjoy French and Spanish flavours and evenings with a

6 rue de la Marne Poitiers

DJ.

O Daily from 5 pm to 2 am except Sundays and Mondays

Set menu from €17





Space Loop

Plates flying over head is not a common occurrence. But it's exactly what you can expect here at the Futuroscope Space Loop. As soon as your

order, the dishes pass through the restaurant on an astonishing system of rails installed above diners' heads, landing at the tables after a few loops.

Avenue René-Monory, Chasseneuil-

€ Set menus: €24/€14 adults/kids



TERRACES

Le Trait d'Union

Julien and Aurélien Letiers are brothers and cooks who share a love of good ingredients. While one composes a traditional score, the other riffs with more vegetarian notes. This is illustrated by the grilled mackerel with orange romesco sauce and roasted fennel or the breaded tofu with Japanese flavours, served in a romantic setting on a pretty terrace on the banks of the Clain.

2 122 rue des 4-Roues, Poitiers
 Closed Sundays and Mondays. Open
 11.45 am to 2 pm and 7 pm to 10 pm



Le Kiosque de Blossac

A bucolic spot that's halfway between a canteen and a refreshment bar reminiscent of a seaside guest house.

Rue Léopold-Thézard, Parc de Blossac, Poitiers

Daily, from 2 pm to 9 pm

Dishes from €11.90



Jasmin Citronnelle

Nestled in a courtyard in the city centre, this elegant tea room invites you to stop and smell the roses.

2 32 rue Gambetta, Poitiers

Tuesday to Thursday, 12 pm to 6 pmSet menu from €15.50



OPEN on Sundays

La Table du Clos de la Ribaudière

This beautiful restaurant in Chasseneuil-du-Poitou has a sublime terrace. In addition to the great classics such as suckling pig or beef fillet, the chef reinvents his cuisine according to the seasons and the market. Here, a bit of citrus, there puffed buckwheat jus.

2 10 rue du Champ de Foire, Chasseneuil-du-Poitou

O Daily

€ Set menu from





La Bigorne

In the heart of the upper town of Chauvigny, this shady terrace is

worth a visit. The rustic décor features solid wood tables, while sweet and savoury crêpes will satisfy the hungriest with their fillings made from local products: trout from Talbat, andouille sausage from Sommières-du-Clain and farci poitevin.

 25 rue des Puys, Chauvighy
 Low season: Friday to Sunday 12 pm to 2 pm and 4 pm to 10 pm. High season: Wednesday to Monday and public holidays from 12 pm to 2.15 pm and 3 pm to 10 pm; Tuesdays from 12 pm to 2.15 pm

€ Savoury crepes from €6.90



La Guinguette **Pictave**

This city-centre venue was made for eating, drinking, entertaining and relaxing. On the Tison islet, on the banks of the Clain river, Guinguette Pictave is a convivial place where people come for lunch or dinner to



share the food truck fare before heading off to a concert. The rest of the time, some people just laze around while others go for a paddle or try their hand at ancient games.

5 chemin de Tison, Poitiers

Every day in high season

€ Set menu from €10



Le Bistro de la Plage

Located on the edge of the Saint-Cyr lake, this bistro is ideal for sipping a drink or enjoying a pizza, salad or burger. The menu is short and simple with a focus on local products. You can sit in the dining room or on the terrace by the

beach, or grab a takeaway to nibble on the grass.



Lac de Saint-Cyr, Beaumont-Saint-Cyr O April to September. Every day for lunch, and Friday and Saturday evenings in April, May, June and September. Every day for lunch and dinner in July and August €20 for a meal





La Serrurerie

Known to all for its contemporary industrial décor

and relaxed atmosphere, the brunch options here borrow from influences from around the world: salmon tataki, black pudding with Espelette pepper...

28 rue des Grandes-Écoles, Poitiers Daily from 7.45 am to 2.30 am

€ Brunch from €21

BRUNCH SPOTS



Le 16 Carnot

The very popular, Parisian bistro-

style fare will delight brunch lovers. On Saturdays and Sundays, people linger for hours to enjoy the famous baskets of sweet and savoury delights: quiches, mini pastries, avocado pancakes and more.

16 rue Carnot, Poitiers
 Monday to Thursday from
 12 pm to 10.30 pm, Fridays and
 Saturdays from 12 pm to midnight,
 Sundays from 12 pm to 10 pm

€ Brunch from €25



La Gazette

Here you'll get copious and varied dishes, both savoury and sweet, to munch on as you start your day slowly and enjoy the present moment. Ideal for filling up before a busy day.

2 1 rue Gambetta, Poitiers Weekends and

public holidays.

la-gazette.eatbu.com

€ €20



Renowned for its heritage, Grand Poitiers is also a major destination for food lovers. From tourteau fromager to chabichou, farci poitevin, macaroons and the broyé du Poitou, local delicacies come in a range of sweet and savoury options that everyone can enjoy.

TOURTEAU FROMAGER

Both a cheese and a dessert, the *tourteau fromager* hides a tender centre inside its dark crust. Long a treat made for festive meals, this round cake dating to the 19th century always hits the spot. Try a slice from artisanal cheesemaker Jérémie Chosson.

Fromagerie Jérémie Chosson
 5 rue du Marché-Notre-Dame, Poitiers
 fromageriejeremiechosson.fr

FARCI **POITEVIN**

Served hot as a main course or cold as an appetizer, this vegetable pâté, cooked in large cabbage leaves, usually consists of sorrel, chard, spinach and other leafy vegetables seasoned with a little onion, garlic, bacon and eggs.



The word *tourteau* comes from *tourterie*, meaning 'cake' in the local Poitevin dialect.

BEER, PLEASE!

Brewed in small batches in the south of Poitiers, the expressive craft beers of La Manuf' run the gamut, from the classics, tripel, pale ale and amber to the ephemeral

and confidential. Of note: the tasting area, shop and brewery tours.





THE SCOFA

Created by the Carmelite nuns of Niort, this cake takes its name from the first letters (in French) of its main ingredients: sugar, cream, eggs, flour, almonds. The meringue pastry, resembling a mille-feuille with cream and chopped almonds on top, can be found in the shops of the abbey of Ligugé, in the Carmelite monastery of Niort, and in the Coquemas bakery in Poitiers.

BENEDICTINE BISCUITS

Created in 1995 by the Augereau biscuit factory in Saint-Benoît, *benoîtines*, shaped like golden diamonds, can be found in plain and apple flavours.

Biscuiterie Augereau
165 av. des hauts-de-la-Chaume, Saint-

biscuiterie-augereau.pagesper

orange.fr

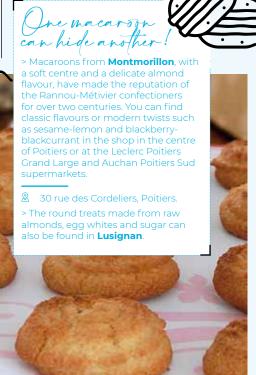
RAYMONDINS DRAGÉES

These almond or hazelnut treats, made with cooked sugar and chocolate, are named after Raymondin, husband of the fairy Melusine.

Aux Saveurs Mélusines
23 rue de Chypre, Lusignan

BROYÉ DU POITOU

This extra-large crunchy shortbread was made for sharing. Once commonly served at weddings, the broyé du Poitou cake is generally broken with a simple pound of the fist and shared among sweets-lovers.





CHABICHOU CHEESE

Made from goat's milk, this soft, white, cylindrical cheese has been AOC certified since 1990. Its origins date back to the 8th century, and it now has its own tourist route, which stops at nine farms, including the Maras farm in Chauvigny.

couteduchabichou.fr

THE SALMONIDS OF POITOU

Near Chauvigny, the Talbat fish farm produces 65 tonnes of Poitou salmonids every year, including species such as brown trout, grayling and rainbow trout. Raised in the water of the Talbat spring, in ponds and river basins protected from all pollution, and fed in such a way as to preserve their natural flavour, the fish are smoked and processed locally.

Pisciculture du Talbat

 La Font Talbat, Chauvigny
 pisciculturedutalbat.fr





A STOP AT **THE MARKET**

Notre-Dame Market Hall

Poitiers would not be Poitiers without its market. Every morning from 6 o'clock, some 30 merchants set up shop here. You'll find fishmongers, cheesemakers, pork butchers, bakers and more. Some even cater for lunch and dinner.

 Place Charles-de-Gaulle, Poitiers
 Tuesday to Saturday from 6 am to 2 pm, with some stalls open until 8 pm.

On Saturday mornings, different stalls take over the area around the covered market: this is the Notre-Dame Market, at the foot of the eponymous church, a very popular meeting place for locals and tourists alike. Let your nose guide you as you seek out organic vegetables, goat's cheeses, honey and delicatessen products with flavours from the ends of the earth!

In the moonlight

> In July and August, the
Bienvenue à la Ferme
network organises night
markets. From 6 pm to 11 pm in
Poitiers, Lusignan and Dissay, a couple
dozen or so local producers come
together to offer their wares. You can
taste, talk and even eat on the spot.

> The Rouillé organic market is held every Wednesday from 5.30 pm to 7.30 pm, under the old market hall. Meet passionate and demanding producers whose values will perk up your plate.

Couronneries Market

This colourful market brings together local producers selling their freshly picked fruit and vegetables. Shoppers can also find clothes, objects of all kinds, flowers, meat, fish and specialities from all over the world.

- Place de Provence, Poitiers
- Wednesdays and Sundays, 6 am to 2 pm

And also

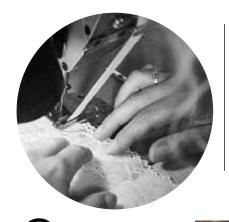
The markets in **Chauvigny** on Tuesdays, Thursdays and Saturdays and in **Lusignan** on Wednesdays.





Made in GRAND POITIERS

A fertile ground for crafts, Grand Poitiers works to preserve traditional know-how and local manufacturing. Visit the workshops where craftspeople give free rein to their imagination.



Lingerie Indiscrète

This Poitou-based lingerie brand was created in 2010 by former employees of the Aubade brand. With elegant designs and noble materials, all models are manufactured in the Chauvigny workshop, which has a shop on site.

- Lingerie Indiscrète
 Zone du Peuron, 20 rue des
 Entrepreneurs, Chauvigny
- Monday to Friday 10 am to 12.30 pm and 2 pm to 6.30 pm. Saturdays 10 am to 12.30 pm and 2 pm to 5.30 pm.



graining

La Fabrique de Parapluies

Made with eight or 12 ribs in modern, colourful and ultra-practical designs, François Frères umbrellas have been handmade since 1882.

The company enjoys *Entreprise du Patri-moine Vivant* (Living Heritage Company) certification and offers custom-made products, repairs and restorations.

- La Fabrique de Parapluies 137 Grand'Rue, Poitiers.
- Monday to Friday 10 am to 12.30 pm and 2.30 pm to 6.30 pm





Deshoulières porcelain

Chauvigny, the cradle of porcelain in the Poitou region, is home to one of the three production sites of France's largest porcelain factory. Founded in 1799, Deshoulières, which has been certified as an Entreprise du Patrimoine Vivant (Living Heritage Company), uses Chauvigny stone in its factory, which produces hard-paste porcelain under the Alpico brand.

16 rue du Planty, Chauvigny

Artisanal workshop

route

Chauvigny is a land of many inspired craftspeople. A special route takes visitors to their workshops to give them an up-close look at their trades. From potters to sculptors and jewellery designers, this route criss-crosses the medieval town and features around 10 different porcelain, often finished in raw and unglazed form. In 2017, one of her creations, a vase with a corrugated cardboard look, was even sold in the shop of the Museum of Modern Art (MoMA) in New York.

Fanny Laugier's workshop-store 151 Grand-Rue, Poitiers



Shopping

You don't have to pick between historical walks in Grand Poitiers or shopping in the lively streets of downtown Poitiers – you can do both! Take a page from our trendy address book.



Passage des Cordeliers

The Passage Cordeliers connects the Place de l'Hôtel de Ville to the Place de Notre-Dame. Since it opened in 2001, it has become one of Poitiers' top shopping spots. People come here not only for unique finds but also to discover the beauty of a covered passage imbued with 19th century charm. In all, 36 shops (home décor, fashion, culture, leisure, etc.) stand side by side over 36,000 square metres, offering a unique opportunity to shop in the heart of the remains of the former Cordeliers chapel! It's an experience you won't soon forget!

Rue Gambetta

Welcome to the commercial heart of Poitiers, where people come for leisurely strolls. You'll find mainstream retailers and independent boutiques selling all manner of ready-to-wear, food and home décor items. Don't miss the famous Gibert Joseph bookshop at number 7.

Rue de la Regratterie

This pedestrian area will appeal to lovers of independent shops selling wine and clothing, beauty salons, hairdressers and more nestled in the shade of medieval buildings.

Grand' Rue

Some of the city's most beautiful shops are tucked along this historic street in the old town of Poitiers, such as La Fabrique de Parapluies and ceramist Fanny Laugier's workshop. Between art galleries and designers, you can wander around while admiring the private mansions and half-timbered houses.

Crand Poitiers invites you to

take some time for yourself and recharge your batteries as you explore the local region.

CHÂTEAU DE DISSAY SPA

Go back to the 15th century for a rejuvenating bath at the Château de Dissay, the bishops' residence until the French Revolution but now a superb hotel whose spa alone is worth a visit. Sheltered by moats and machicolations, the spa is located in a 430-square-metre area that was formerly used as a wine storehouse and has an indoor swimming pool with a counter-current.

2 111 place Pierre-d'Ambroise, Dissay

O Daily from 10 am to 8 pm (6 pm on Sundays)

chateaudedissay.com € Spa access €30

OASIS DES SENS

In Chasseneuil-du-Poitou, in the heart of 190 square metres of tranquillity, enjoy massages, scrubs and hydromassage, as well as hammam rituals and special anti-cellulite treatments from Cinq Mondes and Les Sens de Marrakech.

 Bd Louis-Braille, Chasseneuil-du-Poitou.
 Monday to Friday 10 am to 7 pm and 10 am to 6 pm.

oasis-des-sens.fr

SPA DU CLOS

Get away from it all in this 18th-century castle, whose park slopes down to the banks of the Clain. The Clos de la Ribaudière Spa, in Chasseneuil-du-Poitou, offers a selection of Cinq Mondes treatments and proposes



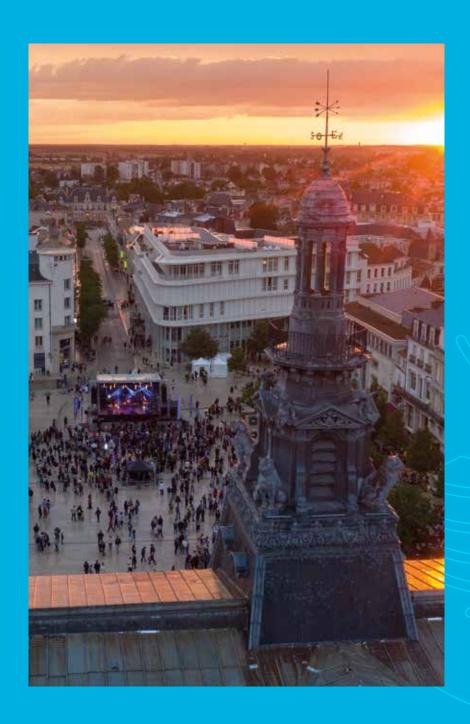
combined spa and meal offers to give you and that special someone a little one-on-one time.

- 2 10 rue du Champ-de-Foire, Chasseneuil-du-Poitou
- Open every day but Thursday.
 Opening times on the website.
- ribaudiere.com
- € €187 for 2 x 20-min treatments + spa + lunch at the restaurant

L'ORIENTAL HAMMAM

In this traditional hammam, Brahim El Moudni, anxious to revive the traditions of his childhood, offers signature treatments including a Turkish bath ceremony that includes time in the hammam, a body scrub and a light-handed massage under a cloud of foam. And to make the experience even sweeter, you can savour some Middle Eastern pastries.

- 216 av du 8-Mai-1945. Poitiers
- Tuesday to Saturday 10 am to 7 pm, Mondays 12.30 pm to 8 pm
- lorientalhammam.com







Grand Poitiers is a dynamic metropolitan area where you can be on the move, have fun and steep in the local culture with an action-packed calendar throughout the year. Read on for a sneak peek at the many special events, activities, gatherings and other festivities you can enjoy.

SPRING

> As fine weather returns, so too does the desire to run and rediscover the city. This is the time to sign up for the **Poitiers-Futuroscope Marathon**, where you can run the full 42.195 km or one of several shorter options.

> For fans of networked games, the **Gamers Assembly**, an international festival that brings together the best console or PC game teams in the world, is the most popular LAN party in France.

> The Musée du Vitrail in Curzay shows the art of stained glass in a whole new light with exhibitions of contemporary work by three women with completely different styles in the exhibition

En Verre Elles.

SUMMER

> Go back to the past with the **medieval festivals** of Lusignan in July and Chauvigny in August.

> Every Friday in July and August, the Grand Poitiers Tourism Office invites you to let your nose and fingers guide you on amazing sensory tours.

> Every summer, the Gallo-Roman site of Sanxay becomes the setting for the fabulous **music-infused evenings**, where you can rediscover the great opera classics like *Carmen*, *The Magic Flute*, *Aida* and more in an exceptional outdoor setting.

> If you're looking to get off the beaten path, the **Poitiers Urban Trail**, with a new route each year, will take you up and down through narrow streets and stairways to show you the city from a new angle.

> Need a little relief from the heat? The **beach at the Saint-Cyr lake** is *the* place to go for lounging on the sand, canoeing and swimming.

> During the **3x3 Poitiers festival**, the Place Leclerc becomes a vast court for 3-on-3 basketball games as well as dance battles, cardio boxing, salsa classes and more.



AUTUMN

- > Les Expressifs take over the streets of downtown Poitiers for a colourful and joyful street arts festival.
- > Mentalism, hypnosis, illusion... for two days, the town of Vouneuil-sous-Biard organises an **international magic festival**.
- > The harvest season is ideal for **wine-tourism outings** to Jaunay-Marigny and Beaumont-Saint-Cyr to discover the AOC Haut-Poitou appellation.



- > Equally tasty are the **chestnut** and **mushroom hunting outings** in the Moulière state forest in Montamisé, one of the largest forests in the Vienne department.
- > The **Poitiers Film Festival**, the international film school festival, honours film students from all over the world and their short films every year.



WINTER

- > During the holiday season, a trip to the **Poitou black truffle market** in Chauvigny is a must when visiting to the region.
- > Through films, documentaries and recent social science research, the **Filmer le Travail festival**offers a different view of the world of work
- > Grand Poitiers rediscovers its childlike spirit with **Christmas markets** and events that light up the month of December.
- > In March, **Carnival** a real institution with its floats and costumes celebrates the end of winter in a joyful hubbub.



→ See the latest happenings at sortir.grandpoitiers.fr

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This guide is an overview of things to see and do in the Grand Politiers area. To learn about the complete offer, visit our offices, give us a call, send us an email, or go to our website and social media accounts. 'Follow the Guide' is published by the EPIC Office de Tourisme de Grand Poitiers – 45, place Charles-de-Gaulle – 86000 Poitiers. No part of this publication may be reproduced without the permission of the publisher. Non-exhaustive, non-contractual document subject to error or ormission. Director of publication: Bénédicte Brevis. Project manager: Coraline Prono. Craphic design: Joanna Perraudin for HeLLo HeLLo Editorial management: Catherine Foulsham (Atelier les Éclaireurs). Authors: Valérie Ferrer, Catherine Foulsham, Emmanuelle N'Diaye (Atelier les Éclaireurs). As special thanks to the entire Grand Poitiers Tourism Office team, who also collaborated on this rochure. Photo credits: VisitPoitiers, Annabelle Avril, Benoît Gautreau, Lucille Granseigne, Aurélie Guisiano, Sébastien Laval, Parc du Futuroscope, Arthur Péquin, Coraline Prono, Philippe Tamaillon, sphericíf, AdobeStock and DR © All rights reserved – June 2022. Printed in France on PEFC-certified paper by an IMPRIMYERT-certified printer. PLEASE DO NOT LITTER.





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